












	Monday	Tuesday	Wednesday	Thursday	Friday
8.00am	 AQUA FIT	 AQUA FIT		 AQUA FIT	
8.30am			 AQUA FIT		 AQUA FIT
8.45am	 AQUA FIT	 AQUA CARDIO BLAST		 AQUA COMBAT BLAST	
9.30am	 AQUA DEEP		 AQUA DEEP		 AQUA DEEP

Friendly reminder for all aqua members: Please remember to put away your own aqua gear after each class. Please do not give them to children to play with or leave them in or around the pool for others to put away. The equipment is there for your benefit and enjoyment so please let's look after it.